

***New Patient Questionnaire**

How did you hear about our clinic? *

☐ Referred by a
healthcare provider

☐ Referred by a
friend/family
member

☐ Insurance
directory

☐ Online search

☐ Social media

If referred by a healthcare provider
(please specify name of provider and
clinic) or if referred by a friend/family
member (please specify)

Main concern you'd like to discuss at
your appointment (e.g., anxiety,
depression, mood changes) *

Personal Details

First Name *

Last Name *

Date of Birth *

Gender

☐ Male

☐ Female

☐ Unknown

Language

Race

☐ American Indian
or Alaska Native

☐ Asian

☐ Black or African
American

☐ Native Hawaiian
or Other Pacific
Islander

☐ White

Ethnicity

☐ Hispanic or
Latino

☐ Not Hispanic or
Latino

Marital Status

☐ Single

☐ Married

☐ Others

Smoking Status

☐ Current every
day smoker

☐ Current some
day smoker

☐ Former Smoker

☐ Never Smoker

☐ Smoker

☐ current status
unknown

☐ Unknown if ever
smoked

Primary Contact Details

Caregiver First Name

Caregiver Last Name

Email *

Home Phone

Mobile Phone

Work Phone

Fax

Primary Phone *

☐ Mobile Phone ☐ Home Phone ☐ Work Phone

Address Line1 *

Address Line2

City *

Country *

State *

Zip code *

Postbox No

Emergency Contact Name

Emergency Contact Number

Extn

Emergency Contact

Name: *

Contact number: *

Allergies

Allergies	Type	Severity	Reactions

Supplements

Supplement Name	Intake Details

History of Present Illness

Depressive Symptoms

- ☐ Denied
- ☐ Reported
 - ☐ 2 weeks at least
 - ☐ Depressed mood
 - ☐ Interests, low
 - ☐ Guilt/worthlessness
 - ☐ Energy, low
 - ☐ Concentration, low
 - ☐ Sleep
 - ☐ Increased
 - ☐ Decreased
 - ☐ Unchanged
 - ☐ Appetite
 - ☐ Increased
 - ☐ Decreased
 - ☐ Unchanged
 - ☐ Weight
 - ☐ Increased
 - ☐ Decreased
 - ☐ Unchanged
 - ☐ Psychomotor slowing
 - ☐ SI
 - ☐ Denied
 - ☐ Admitted, See Notes
 - ☐ HI
 - ☐ Denied
 - ☐ Admitted, See Notes

Manic Symptoms

- ☐ Denied
- ☐ Reported
 - ☐ 1 week consecutively
 - ☐ Grandiose
 - ☐ Increased GD Activity
 - ☐ Decreased judgment
 - ☐ Distractible
 - ☐ Irritable
 - ☐ Decreased need for sleep
 - ☐ Elevated mood
 - ☐ Pressured Speech
 - ☐ Racing thoughts
 - ☐ Destructive impulsivity
 - ☐ Drugs
 - ☐ Driving
 - ☐ Sexual
 - ☐ Spending

Psychotic Symptoms

- ☐ Denied
- ☐ Reported
 - ☐ AH
 - ☐ VH
 - ☐ Delusions
 - ☐ Ideas of reference
 - ☐ Thought blocking or insertion
 - ☐ Disorganized Behavior
 - ☐ Disorganized Speech

Attentional/Hyperactive/Impulsive Symptoms

☐ Denied☐ INATTENTION

- ☐ Denied
- ☐ Makes careless mistakes/lacks attention to detail
- ☐ Difficulty sustaining attention
- ☐ Does not seem to listen when spoken to directly
- ☐ Fails to follow through on tasks and instructions
- ☐ Exhibits poor organization
- ☐ Avoids/dislikes tasks requiring sustained mental effort
- ☐ Loses things necessary for tasks/activities
- ☐ Easily distracted (including unrelated thoughts)
- ☐ Is forgetful in daily activities

☐ HYPERACTIVITY

- ☐ Denied
- ☐ Fidgets with or taps hands or feet, squirms in seat
- ☐ Leaves seat in situations when remaining seated is expected
- ☐ Experiences feelings of restlessness
- ☐ Has difficulty engaging in quiet, leisurely activities
- ☐ Is "on-the-go" or acts as if "driven by a motor"
- ☐ Talks excessively

☐ IMPULSIVITY

- ☐ Denied
- ☐ Blurts out answers
- ☐ Has difficulty waiting their turn
- ☐ Interrupts or intrudes on others

Panic Symptoms

- ☐ Denied
- ☐ Reported
 - ☐ Trembling/shaking
 - ☐ Palpitations/CP
 - ☐ Nausea
 - ☐ Choking/SOB
 - ☐ Sweating
 - ☐ Fear of dying or going crazy
 - ☐ Tingling
 - ☐ Hot/cold flushes
- ☐ Agoraphobia

Generalized Anxiety Symptoms

- ☐ Denied
- ☐ Reported
 - ☐ Excessive Worry
 - ☐ Restless/edgy
 - ☐ Easily fatigued
 - ☐ Muscle tension
 - ☐ Less Sleep
 - ☐ Less concentration

Post Traumatic Symptoms

- ☐ Denied
- ☐ Reported
 - ☐ Experienced trauma
 - ☐ Persistent re-experiencing
 - ☐ Avoidance Behaviors
 - ☐ Hyperarousal

Eating Disorder Symptoms

Past Medical History

*Past Psychiatric
History?*

☐ Yes ☐ No

Comments _____

Past Medical History?

☐ Yes ☐ No

Comments _____

**Past Medications: Please list ALL medications you have been on in the
past**

Name of Medication	Dose	Why did you stop this medication?	Did it help?

**Current Medications: Please list ALL current
medications**

Medication name	Dose	How many times a day	Is it effective	Any side effects	When did you start this medication	Do you often miss doses of this medication

H/O Head Injury or Seizures or TBI?☐ Yes ☐ No

Comments _____

Allergies?☐ Yes ☐ No

Comments _____

Family History

Family History?☐ Yes ☐ No

Comments _____

Social History

Tobacco

- ☐ Denied
- ☐ Reported
 - ☐ 0.5 PPD
 - ☐ 1 PPD
 - ☐ 1.5 PPD
 - ☐ 2 PPD
 - ☐ >2 PPD
 - ☐ Chewing Tobacco
 - ☐ Other

Alcohol

- ☐ Denied
- ☐ Reported
 - ☐ Occasional drinker
 - ☐ Moderate drinker
 - ☐ Heavy drinker

Substances, Other

- ☐ Denied
- ☐ Reported
 - ☐ THC
 - ☐ Crack/cocaine
 - ☐ Heroin
 - ☐ Ecstasy
 - ☐ Methamphetamines
 - ☐ Bath Salts
 - ☐ Opiates
 - ☐ Benzodiazepines
 - ☐ Other

Abuse and Trauma

- ☐ Denied
- ☐ Reported
 - ☐ Physical
 - ☐ Sexual
 - ☐ Emotional
 - ☐ Other Exposure, See Notes

- ☐ Pertinent Military Service, See Notes
- ☐ Pertinent Legal issues, See Notes
- ☐ Pertinent Work history, See Notes
- ☐ Pertinent School history, See Notes

Current Living Arrangements

- ☐ Homeless ☐ Owns House
- ☐ Responsible Party for a Rental House or Apt
- ☐ Lives Alone ☐ L/W Spouse
- ☐ Single, Divorced, Separated, Widowed, ☐ L/W Children
- ☐ Other
- ☐ Other _____

Comments _____

Preferred pharmacy (please provide
complete address): *