

RCADS47_patient

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|--|---|------------------------------------|--------------------------------|
| 1. I worry about things | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 2. I feel sad or empty | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 3. When I have a problem, I get a funny feeling in my stomach | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 4. I worry when I think I have done poorly at something | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 5. I would feel afraid of being on my own at home | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 6. Nothing is much fun anymore | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 7. I feel scared when I have to take a test | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 8. I feel worried when I think someone is angry with me | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 9. I worry about being away from my parents | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 10. I get bothered by bad or silly thoughts or pictures in my mind | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 11. I have trouble sleeping | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 12. I worry that I will do badly at my school work | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 13. I worry that something awful will happen to someone in my family | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 14. I suddenly feel as if I can't breathe when there is no reason for this | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 15. I have problems with my appetite | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |

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| 16. I have to keep checking that I have done things right (like the switch is off, or the door is locked) | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 17. I feel scared if I have to sleep on my own | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 18. I have trouble going to school in the mornings because I feel nervous or afraid | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 19. I have no energy for things | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 20. I worry I might look foolish | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 21. I am tired a lot | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 22. I worry that bad things will happen to me | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 23. I can't seem to get bad or silly thoughts out of my head | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 24. When I have a problem, my heart beats really fast | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 25. I cannot think clearly | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 26. I suddenly start to tremble or shake when there is no reason for this | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 27. I worry that something bad will happen to me | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 28. When I have a problem, I feel shaky | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 29. I feel worthless | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 30. I worry about making mistakes | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |

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| 31. I have to think of special thoughts (like numbers or words) to stop bad things from happening | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 32. I worry what other people think of me | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 33. I am afraid of being in crowded places (like shopping centers, the movies, buses, busy playgrounds) | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 34. All of a sudden I feel really scared for no reason at all | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 35. I worry about what is going to happen | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 36. I suddenly become dizzy or faint when there is no reason for this | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 37. I think about death | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 38. I feel afraid if I have to talk in front of my class | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 39. My heart suddenly starts to beat too quickly for no reason | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 40. I feel like I don't want to move | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 41. I worry that I will suddenly get a scared feeling when there is nothing to be afraid of | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 42. I have to do some things over and over again (like washing my hands, cleaning or putting things in a certain order) | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |
| 43. I feel afraid that I will make a fool of myself in front of people | ☐ Never
☐ Always | ☐ Sometimes | ☐ Often |

44. I have to do some things in just
the right way to stop bad things from
happening

☐ Never
☐ Always

☐ Sometimes

☐ Often

45. I worry when I go to bed at night

☐ Never
☐ Always

☐ Sometimes

☐ Often

46. I would feel scared if I had to stay
away from home overnight

☐ Never
☐ Always

☐ Sometimes

☐ Often

47. I feel restless

☐ Never
☐ Always

☐ Sometimes

☐ Often