

WHODAS 2.0 (With Auto Scoring)

This questionnaire asks about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs.

Think back over the past 30 days and answer these questions, thinking about how much difficulty you had doing the following activities. For each question, please circle only one response.

In the past 30 days, how much difficulty did you have in:

S1 Standing for long periods such as 30 minutes? ☐ None ☐ Severe ☐ Mild ☐ Extreme or cannot do ☐ Moderate

S2 Taking care of your household responsibilities? ☐ None ☐ Severe ☐ Mild ☐ Extreme or cannot do ☐ Moderate

S3 Learning a new task, for example, learning how to get to a new place? ☐ None ☐ Severe ☐ Mild ☐ Extreme or cannot do ☐ Moderate

S4 How much of a problem did you have joining in community activities (for example, festivities, religious or other activities) in the same way as anyone else can? ☐ None ☐ Severe ☐ Mild ☐ Extreme or cannot do ☐ Moderate

S5 How much have you been emotionally affected by your health problems? ☐ None ☐ Severe ☐ Mild ☐ Extreme or cannot do ☐ Moderate

S6 Concentrating on doing something for ten minutes? ☐ None ☐ Severe ☐ Mild ☐ Extreme or cannot do ☐ Moderate

S7 Walking a long distance such as a kilometre [or equivalent]? ☐ None ☐ Severe ☐ Mild ☐ Extreme or cannot do ☐ Moderate

S8 Washing your whole body? ☐ None ☐ Severe ☐ Mild ☐ Extreme or cannot do ☐ Moderate

S9 Getting dressed? ☐ None ☐ Severe ☐ Mild ☐ Extreme or cannot do ☐ Moderate

S10 Dealing with people you do not know?

☐ None
☐ Severe☐ Mild
☐ Extreme or cannot
do☐ Moderate

S11 Maintaining a friendship?

☐ None
☐ Severe☐ Mild
☐ Extreme or cannot
do☐ Moderate

S12 Your day-to-day work?

☐ None
☐ Severe☐ Mild
☐ Extreme or cannot
do☐ Moderate

WHODAS Score:

WHODAS Score (%)

H1 Overall, in the past 30 days, how many
days were these difficulties present?

H2 In the past 30 days, for how many days
were you totally unable to carry out your
usual activities or work because of any
health condition?

H3 In the past 30 days, not counting the
days that you were totally unable, for how
many days did you cut back or reduce your
usual activities or work because of any
health condition?
